Gynaecology Nursing
6KNIN647

Level: 6  
Credits: 30

Module leader: Penny Charles  
Tel: 020 7848 3829  
Email: penny.charles@kcl.ac.uk

Module deputy: Debby Holloway, Nurse Consultant Gynaecology  
Tel: 020 7188 3023  
Email: debra.holloway@gstt.nhs.uk

Academic support is offered by the module leader and teaching team.

This handbook must be read in conjunction with module information provided on KEATS, the King’s E-Learning And Teaching Service. You will be given access to KEATS on enrolment. Important information relating to assessment and related regulations can be found in the Programme Handbook, available on KEATS and via the Student Services Centre.

This handbook can also be provided in alternative formats (such as large print) upon request to asc@kcl.ac.uk.
Contents

Module overview .......................................................................................................... 3
  Module aims ............................................................................................................... 3
  Learning outcomes .................................................................................................. 3
  Teaching arrangements ............................................................................................ 4
  Clinical practice assessment ..................................................................................... 4
Submitting coursework ................................................................................................ 5
  Assessment criteria .................................................................................................. 5
  Formative assessment .............................................................................................. 5
  Summative assessment ............................................................................................ 6
  Submission date for coursework: ............................................................................. 6
  Results and re-submissions for coursework ............................................................ 7
Learning resources ....................................................................................................... 8
  Session 1: Introduction & Overview of Gynaecology Nursing ................................. 8
  Session 2: Basic Gynaecology and Menstrual Cycle ............................................... 8
  Session 3: Common gynaecological conditions 1 .................................................... 8
  Session 4: Pre- & Post-op Care .............................................................................. 8
  Session 5: Colposcopy and Cervical Screening ....................................................... 8
  Session 6: Oncology/Gynaecological Cancers ......................................................... 9
  Session 7: Gynaecology Conditions 2 ..................................................................... 9
  Session 8: Hyperemesis .......................................................................................... 9
  Session 9: Recurrent Miscarriage .......................................................................... 9
  Session 10: Fertility and ACU, including Complications ......................................... 9
  Session 11: Ultrasound and other Diagnostics ......................................................... 10
  Session 12: Non-pregnant Gynaecology Emergencies including PID .................... 10
  Session 13: Seminar .............................................................................................. 10
  Session 14: Pregnancy Loss: Miscarriage, Ectopic, Molar, PUL ................................ 10
  Session 15: TOP ..................................................................................................... 10
  Session 16: FGM ................................................................................................... 11
  Session 17: Menopause ......................................................................................... 11
  Session 18: Assault and Rape ............................................................................... 11
  Session 19: Urogynaecology .................................................................................. 11
  Session 20: Overview of STI and Sexual Health ....................................................... 11
  Session 21: Overview of Contraception .................................................................. 11
Indicative reading ........................................................................................................ 12
Module evaluation ....................................................................................................... 15
  Actions from previous modules .............................................................................. 15
Timetable ...................................................................................................................... 16
Module overview
This module forms part of the BSc Clinical Practice. The module contributes to your programme of study by building on and using information gained in other modules on the programme. The gynaecology module aims to expand the role and scope of professional practice of the gynaecology nurse. This module will inform the student project if the student aims to choose a relevant topic in gynaecology.

The module can also be taken as a freestanding module.

Module aims
This course will enable practitioners to critically analyse knowledge and understanding of gynaecological conditions and explore the scope of professional practice. It will enable the development of skills and competencies needed to provide quality gynaecological nursing care to women and their families, within all settings in gynaecology.

The course will facilitate the acquisition of knowledge and key skills enabling the practitioner to develop their role within the service.

The course aims to support nurses and nurse practitioners who are currently working within any gynaecological setting or working with women in different care settings, to explore assessment and interventional methods and processes. The theoretical component complements a Clinical Assessment Document. It will facilitate the acquisition of strategies that will enable the practitioner to select interventions in partnership with women, provide high quality care and evaluate the outcomes of that care.

Learning outcomes
On completion of this course, you will able to:

- Critically analyse current knowledge and understanding of aetiology classification and pathology of gynaecological conditions, early pregnancy problems and malignant disease. Including assessment of the relevant medical, legal, ethical and professional issues with regard to emergency gynaecological care and termination of pregnancies.
- Develop critical reasoning and advanced knowledge in decision making skills whilst demonstrating increased proficiency in health assessment and gynaecological clinical examination.
- Develop a woman-centred approach to gynaecological care through exploration and reflection on the psychological, social, sexual, and cultural aspects of care.
- Critically analyse the role of the nurse and others in the provision of gynaecological services in all areas of women’s health, and developing an approach that maximises the woman’s potential for self-healing, autonomy and achievement.
- Use advanced knowledge to apply appropriate health promotion strategies and appraise early detection and screening techniques.
**Teaching arrangements**
Teaching and learning is arranged as a series of study days held at King’s College University. These are arranged to cover a morning and afternoon teaching session on the same day. There is a mixture of 3 and 2 day sessions so please check the dates carefully.

The teaching and learning strategies are underpinned by the concept of student centred learning.

Theoretical and experiential learning are interwoven to maximise a critical approach to learning and clinical skills development.

The teaching and learning strategies are all part of an active learning process for the student and will include small group work, lecture discussion, problems solving activities, critical incident analysis, workbook activities and clinical practice assessment.

Lecturers, outside speakers or clinicians with relevant specialist interest will be invited to participate in the teaching and learning.

**Clinical practice assessment**
You will need to identify an appropriate mentor/practice supervisor with whom you will assess and review your progress and verify your clinical practice. This arrangement will be discussed with the course leader at the beginning of the programme.
Submitting coursework
For this module you are assessed by a 3,000 word assignment which can be based on your formative presentation and a PAD.

For this module you are assessed by Penny Charles and Debby Holloway.

Assessment criteria

Case Study Guidance:

- The assignment should be centred on a client who has received an episode, or episodes, of care within the gynaecological setting.
- The assignment should be reflective in styles and must include an analysis of what you have learnt from the experience of caring for this woman. Vignettes may be incorporated to reflect on episodes of clinical practice.
- Details of the care given should be discussed in the essay, and any supporting documents can be included as an Appendix. Or in practice document.
- Refer to Local and National policies/guidelines that influence care.
- It is essential that a clear relationship between theory and practice is demonstrated. And demonstrate clear relationship between theory and practice.
- Issues of confidentiality should be addressed explicitly, i.e. related to the client,
- If the case study offers scope for reference to the understanding of any model of care, education and reflection skills, it is expected that this will be clearly integrated

Formative assessment

- The formative assessment is a short student-led presentation given to the gynaecological course cohort with the course leader or a deputy facilitating the session.
- The focus of the presentation should be a selected gynaecological scenario involving a patient for whom you have provided care. This may focus on the same scenario as your summative assignment case study, but you may choose an alternative scenario if you wish.
- You should:
  o identify a specific patient problem/need
  o identify local and national policies/guidelines underpinning care provision
  o undertake some general reading and have a preliminary reference list

The formative stage will not be graded.
**Summative assessment**

There are two components to the summative assessments.

- Case Study - Maximum 3,000 words, contributes to 100% of the overall grade
- Verification of Practice via completion of a PAD practice assessment document - There will be a continuous assessment of clinical practice using the Clinical assessment document. Minimum standards for all criteria that are selected must be met in order that you achieve a pass grade.

**Case Study:**

Critically examine the experience of a woman who required a gynaecological intervention. This can be a reflection of one aspect of care within your practice document.

**Purpose:**

To enhance empirical and theoretical knowledge and skills related to nursing care of the woman in a gynaecological setting, through database search and critical review of relevant literature.

To enhance professional skills and knowledge through your interaction with skilled practitioners, i.e. all members of the healthcare team.

**Please note that any issue regarded as unsafe practice will constitute an automatic fail.**

Coursework submission are provided on the KEATS module page.

It is essential that you use your candidate number on all assignments/examinations. Your candidate number, which will begin with X for the academic year instructions, will be available via Student Records on the King’s Intranet approximately one month after you enrol.

If you are unable to submit your work by the deadline please refer to the information in your programme handbook on “mitigating circumstances”.

**Submission date for coursework:**

**The dates of assessments are:**

**18 July 2017**

**CAD 1 August**

**Resubmissions 17 Oct 2017 for both**

Late submissions will be accepted for **24 hours** following the submission date. All work submitted late will be marked as normal but will be capped at the pass mark for the module. If your assignment is hard copy please ensure you date stamp it and submit it to the submission room G15 JCMB. If your assignment is submitted electronically through TurnItIn, information about how to submit late will be provided on KEATS module sites under assessment information.

The external examiner for this module is **Helen Muscat**. **Students are not to make direct contact with external examiners, in particular regarding their individual performance in assessments.**

The College and its Examination Boards in the ten Faculties (Institutes/Schools, King’s Learning Institute and the Association of King’s College (AKC), work with over 500 external examiners to ensure the quality and standard of our taught awards. Find the latest report on the **External Examiners Report** page, navigate to the Faculty of Nursing and Midwifery section.
Results and re-submissions for coursework

Students will receive a provisional (unratified) mark for their coursework 4 weeks following submission. According to the method of submission as detailed on your KEATS site, if your work was submitted online you will be able to download marked coursework from KEATS; alternatively, if you completed a hard-copy submission you can collect your coursework and feedback from the Student Services Centre.

To collect a hard copy assignment, you must provide your candidate number. Alternatively, you may send a stamped addressed envelope to the Student Services Centre ensuring that this is large enough to accommodate your assignments and that you have applied sufficient postage. Hard copy assignments will be retained for four weeks; if you have not collected your assignment by then, it will be destroyed.

Feedback will include the award of a numerical grade which remains provisional until ratified by the examination boards. The dates for the examination boards are available on KEATS. Ratified marks can be viewed via Student Records on the King’s Intranet, the Monday following the relevant examination board.

The marking criteria by which your work is judged are provided in full in your programme handbook. Please also refer to the section in your programme handbook on plagiarism and how to avoid it. If you have a query about how to refer to a specific piece of work please ask your module leader, your group leader or a member of library staff for guidance.

The feedback you receive on your assignment will guide you towards how to do better next time or how to maintain your existing high standard!

If you do not understand your mark or the feedback you receive please contact Penny Charles.

If you are unsuccessful, it is recommended that you contact the module leader before submitting your second attempt. This will enable the module leader to provide you with an appropriate level of support as you prepare to re-submit your work.

Re-submission date: Assignment and PAD are to be submitted both on the same date
Resubmissions 17 Oct 2017 for both
Learning resources

Outcomes of sessions do not necessarily follow the timetable.

Session 1: Introduction & Overview of Gynaecology Nursing
By the end of the session you will:
- Aims and learning outcomes of course
- Discuss personal aims and objectives.
- The assessment process and assignment requirements.
- Discuss the different roles and responsibilities of the gynaecology nurse and shifting settings for care. The NHS Plan for waiting times and Cancer treatment

Session 2: Basic Gynaecology and Menstrual Cycle
By the end of the session you will:
- Menstrual cycle and A &P
- Apply knowledge of the anatomy of the female reproductive system to the relevant disease processes.
- Apply knowledge of the anatomy of the female reproductive system to the relevant disease process

Session 3: Common Gynaecological Conditions 1
By the end of the session you will:
- Inter-menstrual bleeding
- Post-coital bleeding
- Heavy periods
- Fibroids and Polyps

Session 4: Pre- & Post-op Care
By the end of the session you will:
- Gain an overview of pre and post op care
- Overview of enhanced recovery
- Discuss the nurses role in pre-assessment
- Demonstrate awareness of complications after gynaecology surgery

Session 5: Colposcopy and Cervical Screening
By the end of the session you will:
- Discuss screening techniques, i.e., cervical screening, sexual transmitted infections screening, colposcopy.
- Demonstrate understanding of gynaecological morbidity associated with sexually transmitted infections and colposcopy treatment.
- Demonstrate understanding of the nurse colposcopist role in the management of abnormal cervical smears
- Demonstrate awareness of the psychological, social, sexuality and cultural aspects, which can affect the care of women.
**Session 6: Oncology/Gynaecological Cancers**

By the end of the session you will:

Appraise understanding of the aetiology and classification of gynaecological oncology.  
The role of palliation experts and CNS in caring for women with cancer, and their families.  
Apply knowledge of the anatomy of the female pelvis to the relevant disease process  
Appraise understanding of the effects of neoplastic damage.  
Explore the importance of risk factors in understanding the disease process of women’s cancers.  
Explore the role of the Clinical Nurse Specialist in gynaecology oncology and the impact on patient outcomes.  
Demonstrate understanding of palliation and the role of palliation experts in cancer care for women and their families.  
Demonstrate awareness of the psychological, social, sexuality and cultural aspects, which can affect the care of the women.

**Session 7: Gynaecology Conditions 2**

By the end of the session you will:

- Common gynaecological conditions (2)  
- Ovarian cysts  
- Polycystic ovarian syndrome  
- Endometriosis  
- Amenorrhea  
- Pelvic pain

**Session 8: Hyperemesis**

By the end of the session you will:

- Review and discuss the care and management of hyperemesis gravidarum  
- By the end of the session you will: understand the physiology, investigation, care and management behind hyperemesis

**Session 9: Recurrent Miscarriage**

TBC.

**Session 10: Fertility and ACU, including Complications**

By the end of the session you will:

- Sub-fertility – aetiology, diagnosis and management  
  Apply knowledge of the anatomy of the female pelvis to the relevant disease process  
- Appraise understanding of diagnostic techniques in women's health.  
- Discuss the male and female causes of infertility/sub-fertility
Session 11: Ultrasound and other Diagnostics
By the end of the session you will:

• Understand the role of ultrasound in gynaecology
• Explore other diagnostic methods such as CT and MRI.

Session 12: Non-pregnant Gynaecology Emergencies including PID
By the end of the session you will:

• Demonstrate awareness of why women present as emergencies and the conditions that they present with.
• Explore the care needed for women who are seen as emergencies

Session 13: Seminar
By the end of the session you will:

• Discussed with peers your literature search and findings on a chosen topic related to gynaecological nursing.
• Discussed with peers 2 -3 key interventions you carried out to meet the patient’s needs
• Provided a written summary of the selected topic on an A4 sheet, including references.

Session 14: Pregnancy Loss: Miscarriage, Ectopic, Molar, PUL
By the end of the session you will:

• Demonstrate awareness of the psychological, social, sexuality and cultural aspects, which can affect the care of women.
• Discuss the management of management of miscarriages, including presentation, investigations, surgical, medical and expectant management, molar pregnancy and the use of Anti D.
• Understand the management of a women with an ectopic pregnancy or a pregnancy of unknown location, including tests, investigations and management
• Understand the management of recurrent miscarriages and be able to demonstrate knowledge of the investigations undertaken and the importance of these for subsequent pregnancies.

Session 15: TOP
By the end of the session you will:

• Planned Termination of pregnancy – medical, surgical and psychological management –
• The role of the nurse
• Legal position
• Post-operative care – explore good practice Appraise understanding of the medical, surgical and psychological management of planned termination of pregnancy (PTOP) and evaluate the role of the nurse in PTOP management
Session 16: FGM
By the end of the session you will:

- Understand the different types of FGM
- Understand the role of the nurse in reporting FGM

Session 17: Menopause
By the end of the session you will:

- Understand the menopause and its signs and symptoms,
- Overview of treatments and strategies for coping with symptoms.
- Early menopause
- Post menopause bleeding

Session 18: Assault and Rape
By the end of the session you will:

- Understand how to deal with women who disclose sexual assault and develop a referral pathway for them

Session 19: Urogynaecology
By the end of the session you will:

- Apply knowledge of the anatomy of the female pelvis to the relevant disease process
- Appraise understanding of diagnostic techniques in women’s health.
- Demonstrate a clear understanding of gynaecological and urogynaecological procedures and their impact on women’s lives.
- Demonstrate awareness of the psychological, social, sexuality and cultural aspects, which can affect the care of women.

Session 20: Overview of STI and Sexual Health
By the end of the session you will:

- Demonstrate insight into sexual health needs of women.
- Appraise understanding of how women’s perceptions of sexuality relates to their gynaecological conditions.
- Demonstrate awareness of the psychological, social, sexuality and cultural aspects, which can affect the care of women

Session 21: Overview of Contraception
By the end of the session you will:

- Gain overview of contraception and its links to gynaecology
Indicative reading
This is a link to the library holdings for books searched under gynaecology

http://library.kcl.ac.uk/F/K6Q7FNTI3LHQBFPF68MLX9APAC3I863HCQ3I7N5F2F8VP2VKFN-22550?func=short-jump&jump=000001


100 cases in obstetrics and gynaecology / Cecilia Bottomley, Janice Rymer, MBBS, FRACP. [Second edition.] 2015


Useful Websites

**General Gynaecology:**

www.rcog.co.uk  
www.rcn.org.uk  
www.womenshealthlondon.org.uk  
www.doh.gov.uk  
www.thebms.org.uk/  
www.ffprhc.org.uk/

BASSH Clinical Effectiveness guidelines: www.bassh.org

Faculty of Family Planning and Reproductive Health Care: www.ffprhc.org.uk

**Menopause:**

www.menopausematters.co.uk/

**Cervical screening:**

NHS Cervical screening Programme website: http://www.cancerscreening.nhs.uk

**Bladder care:**

www.bladderandbowelfoundation.org  
www.incontact.org

**18 week wait:**

www.18weeks.nhs.uk/Content.aspx?path=  

**Cancer plan:**

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PoliciesAndGuidance/DH_4009609


http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PoliciesAndGuidance/DH_063067

**Nursing:**


**General reading:**

RCN documents

**Abortion care**


**Ovarian hyper stimulation**

Advanced Nursing Practice

Menopause, sensitive disposal, cancer, endometriosis
Module evaluation
At the end of the module you are requested to complete the short online evaluation which will be available on your module KEATS site. Student evaluations are very important to us and are required by Health Education England and the regional London Local Education and Training Boards.

Actions from previous modules
No actions.
<table>
<thead>
<tr>
<th>Teaching mode</th>
<th>Date</th>
<th>Type of session</th>
<th>Title</th>
<th>Time</th>
<th>Room</th>
<th>Lecturer</th>
</tr>
</thead>
<tbody>
<tr>
<td>University based Study</td>
<td>2 May 2017 Tuesday</td>
<td>Lecture 1</td>
<td>Introductions</td>
<td>10.00</td>
<td>FWB 1.12</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecture 2</td>
<td>Overview of the course Assessments and Overview of Gynaecology Nursing</td>
<td>10.15-11.30</td>
<td></td>
<td>Debby Holloway</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecture 3</td>
<td>Basics and menstrual cycle</td>
<td>11.40-13.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecture 4</td>
<td>Pre and post op care</td>
<td>14.00-15.15</td>
<td>FWB 1.63</td>
<td>Hannah Galmen and Jenny Grimes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecture 5</td>
<td>Ultrasound and diagnostics</td>
<td>15.30-17.00</td>
<td></td>
<td>Alison Smith</td>
</tr>
<tr>
<td>University based Study</td>
<td>8 May 2017 Monday</td>
<td>Lecture 6</td>
<td>Gynaecology oncology</td>
<td>10.00-13.00</td>
<td>WBWLG/1 ALL DAY</td>
<td>Fiona Phillips</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecture 7</td>
<td>Pregnancy loss</td>
<td>14.00-17.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>University based Study</td>
<td>9 May 2017 Tuesday</td>
<td>Lecture 8</td>
<td>Gynaecology bleeding</td>
<td>10.00-13.00</td>
<td>FWB 1.12</td>
<td>DH</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecture 9</td>
<td>Reflection</td>
<td>14.00-15.15</td>
<td></td>
<td>Penny Charles</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecture 10</td>
<td>Non pregnant gynaecology emergencies</td>
<td>15.30-17.00</td>
<td>FWB 1.63</td>
<td>Tom Holland</td>
</tr>
<tr>
<td>University based Study</td>
<td>15 May 2017 Monday</td>
<td>Lecture 11</td>
<td>Colposcopy and cervical screening</td>
<td>10.00-11.00</td>
<td></td>
<td>Joyce Aburam</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecture 12</td>
<td>Psychosexual</td>
<td>11.00-12.00</td>
<td>WBWLG/1</td>
<td>Leila Frodsham</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Student</td>
<td>Catch up, essays etc</td>
<td>12.00-13.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Lecture 13</td>
<td>General gynaecology pain and endo</td>
<td>14.00-17.00</td>
<td></td>
<td>DH</td>
</tr>
<tr>
<td>University based Study</td>
<td>22 May 2017 Monday</td>
<td>Student seminars</td>
<td>Student presentations</td>
<td>10.00-17.00</td>
<td>WBWLG/1</td>
<td></td>
</tr>
<tr>
<td>------------------------</td>
<td>---------------------</td>
<td>-----------------</td>
<td>----------------------</td>
<td>-------------</td>
<td>--------</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>University based Study</th>
<th>3 July 2017 Monday</th>
<th>Lecture 14</th>
<th>Ovarian cancer pts view</th>
<th>10.00-11.00</th>
<th>WBWLG/1</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Lecture 15</td>
<td>Menopause</td>
<td>11.00-13.00</td>
<td></td>
<td>DH</td>
</tr>
<tr>
<td></td>
<td>Lecture 16</td>
<td>Overview of STI and contraception</td>
<td>14.00-17.00</td>
<td></td>
<td>Jan Bowden</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>University based Study</th>
<th>4 July 2017 Monday</th>
<th>Lecture 17</th>
<th>Rape and sexual assault</th>
<th>10.00-11.30</th>
<th>FWB 1.12</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Lecture 18</td>
<td>TOP</td>
<td>11.40-13.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lecture 19</td>
<td>Urogynaecology</td>
<td>14.00-17.00</td>
<td></td>
<td>Ellie and Angie</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>University based Study</th>
<th>5 July 2017 Tuesday</th>
<th>Lecture 20</th>
<th>ACU and fertility</th>
<th>10.00-13.00</th>
<th>WBWLG/1</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Lecture 21</td>
<td>FGM</td>
<td>14.00-15.00</td>
<td></td>
<td>Comfort Momoh</td>
</tr>
<tr>
<td></td>
<td>Quiz</td>
<td>All</td>
<td>15.00-15.40</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Evaluations</td>
<td></td>
<td>15.40-16.30</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Key:**

FWB – Franklin-Wilkins building; Waterloo campus

WBW – Waterloo Bridge Wing; Waterloo campus